

PRODUCT MONOGRAPH  
INCLUDING PATIENT MEDICATION INFORMATION

Pr **UPTRAVI**<sup>®</sup>

Selexipag Film-coated tablets

200 mcg, 400 mcg, 600 mcg, 800 mcg, 1000 mcg, 1200 mcg, 1400 mcg, and 1600 mcg

Professed standard

Prostacyclin (PGI<sub>2</sub>) receptor (IP receptor) agonist

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# Pr UPTRAVI

Selexipag (film-coated) tablets

## PART I: HEALTH PROFESSIONAL INFORMATION

### SUMMARY PRODUCT INFORMATION

**Table 1: Product Information Summary**

<b>Route of Administration</b>	<b>Dosage Form / Strength</b>	<b>All Nonmedicinal Ingredients</b>
Oral	Tablet / 200 mcg, 400 mcg, 600 mcg, 800 mcg, 1000 mcg, 1200 mcg, 1400 mcg, and 1600 mcg	For a complete listing see Dosage Forms, Composition and Packaging section.

### INDICATIONS AND CLINICAL USE

UPTRAVI<sup>®</sup> is indicated for the long-term treatment of idiopathic pulmonary arterial hypertension (iPAH), heritable pulmonary arterial hypertension (HPAH), PAH associated with connective tissue disorders and PAH associated with congenital heart disease, in adult patients with WHO functional class (FC) II–III to delay disease progression. Disease progression included: hospitalization for PAH, initiation of intravenous or subcutaneous prostanoids, or other disease progression events (decrease of 6-minute walk distance [6MWD] associated with either worsened PAH symptoms or need for additional PAH-specific treatment) (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacodynamic).

UPTRAVI is effective in combination with an endothelin receptor antagonist (ERA) or a phosphodiesterase-5 (PDE-5) inhibitor, or in triple combination with an ERA and a PDE-5 inhibitor, or as monotherapy.

#### **Geriatrics (≥ 65 years of age):**

Of the total number of subjects in the clinical study of UPTRAVI for pulmonary arterial hypertension, 18% were 65 years of age and older. There is limited clinical experience in patients over the age of 75 years; therefore, UPTRAVI should be used with caution in this population (see WARNINGS AND PRECAUTIONS, Special Populations - Geriatrics).

#### **Pediatrics (< 18 years of age):**

The safety and efficacy of UPTRAVI in children aged 0 to less than 18 years have not yet been established. No data are available (see WARNINGS AND PRECAUTIONS, Special Populations - Pediatrics).

## CONTRAINDICATIONS

- Patients who are hypersensitive to this drug or to any ingredient in the formulation or component of the container. For a complete listing, see the DOSAGE FORMS, COMPOSITION AND PACKAGING section of the product monograph.
- Concomitant use of strong inhibitors of CYP2C8 (e.g., gemfibrozil) (see DRUG INTERACTIONS).

## WARNINGS AND PRECAUTIONS

### **General**

*Concomitant use with moderate inhibitors or strong inducers of CYP2C8 and strong inhibitors of UGT1A3, and UGT2B7:* Caution is required when administering drugs that are moderate inhibitors or strong inducers of CYP2C8 and strong inhibitors of UGT1A3, and UGT2B7 concomitantly with UPTRAVI (see DRUG INTERACTIONS).

**Effects on ability to drive and use machines:** No studies on the effect of selexipag on the ability to drive and use machines have been performed.

### **Hepatic/Biliary/Pancreatic**

The exposure to selexipag and its active metabolite is increased in subjects with moderate hepatic impairment (Child-Pugh class B; see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetic). A once daily regimen is recommended in patients with moderate hepatic impairment (Child-Pugh class B) due to the increased exposure to selexipag and its active metabolite in this population. In these patients, the starting dose of UPTRAVI should be 200 micrograms once daily, and increased at weekly intervals by increments of 200 micrograms given once a day until adverse reactions, reflecting the mode of action of selexipag, that cannot be tolerated or medically managed, are experienced. There is no clinical experience with UPTRAVI in patients with severe hepatic impairment (Child-Pugh class C), therefore UPTRAVI should not be used in these patients.

### **Hypotension**

Before prescribing UPTRAVI, physicians should carefully consider whether patients with certain underlying conditions could be adversely affected by vasodilatory effects (e.g., patients on antihypertensive therapy or with resting hypotension, hypovolaemia, severe left ventricular outflow obstruction or autonomic dysfunction).

### **Hyperthyroidism**

Hyperthyroidism has been observed with UPTRAVI and other prostacyclin receptor agonists. Thyroid function tests are recommended as clinically indicated.

### **Pulmonary veno-occlusive disease**

Should signs of pulmonary oedema occur, the possibility of pulmonary veno-occlusive disease should be considered. If confirmed, UPTRAVI should be discontinued.

## **Renal**

In patients with severe renal impairment (estimated glomerular filtration rate [eGFR] < 30 mL/min/1.73 m<sup>2</sup>) caution should be exercised during dose titration. There is no experience with UPTRAVI in patients undergoing dialysis (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetic); therefore UPTRAVI should not be used in these patients.

## **Special Populations**

**Pregnant Women:** There are limited data on the use of selexipag in pregnant women. Treatment during organogenesis resulted in reduced maternal as well as fetal body weight gain in rats at 14 times (selexipag) and 47 times (active metabolite) above human exposure, but there were no increases in malformations or variations in rats or rabbits (see TOXICOLOGY). As a precautionary measure, it is preferable – unless clearly needed – to avoid the use of UPTRAVI during pregnancy.

**Nursing Women:** It is unknown whether selexipag or its metabolites are excreted in human milk. In rats, selexipag or its metabolites are excreted in milk. Breastfeeding is not recommended during treatment with UPTRAVI.

### **Pediatrics (<18 years of age):**

The safety and efficacy of UPTRAVI in children aged 0 to less than 18 years have not been established.

**Geriatrics (≥ 65 years of age):** Of the total number of subjects in the clinical study of UPTRAVI for pulmonary arterial hypertension, 18% were 65 years of age and older. There is limited clinical experience with selexipag in patients over the age of 75 years; therefore UPTRAVI should be used with caution in this population (see section DOSAGE AND ADMINISTRATION).

## ADVERSE REACTIONS

### Adverse Drug Reaction Overview

The most commonly reported adverse drug reactions related to the pharmacological effects of UPTRAVI are headache, diarrhoea, nausea and vomiting, jaw pain, myalgia, pain in the extremity, flushing, and arthralgia. These reactions are more frequent during the dose titration phase. The majority of these reactions are of mild to moderate intensity.

### Clinical Trial Adverse Drug Reactions

*Because clinical trials are conducted under very specific conditions the adverse reaction rates observed in the clinical trials may not reflect the rates observed in practice and should not be compared to the rates in the clinical trials of another drug. Adverse drug reaction information from clinical trials is useful for identifying drug-related adverse events and for approximating rates*

The safety of selexipag has been evaluated in a long-term, Phase 3 placebo-controlled study enrolling 1156 patients with symptomatic PAH (*GRIPHON study*). The mean treatment duration was 76.4 weeks (median 70.7 weeks) for patients receiving selexipag versus 71.2 weeks (median 63.7 weeks) for patients on placebo. The exposure to selexipag was up to 4.2 years.

**Table 2: Adverse Reactions Reported by >3% of Patients on UPTRAVI and more frequent than on Placebo <sup>§</sup>**

System Organ Class Preferred Term	UPTRAVI N=575 Subjects		Placebo N=577 Subjects	
	n	%	n	%
Patients with at least one AE	565	98.3%	559	96.9%
<b>Blood and Lymphatic Disorders</b>				
Anaemia	48	8.3%	31	5.4%
<b>Gastrointestinal Disorders</b>				
Abdominal Discomfort	20	3.5%	14	2.4%
Abdominal Pain	48	8.3%	33	5.7%
Diarrhoea	244	42.4%	106	18.4%
Dyspepsia	25	4.3%	14	2.4%
Nausea	192	33.4%	105	18.2%
Vomiting	104	18.1%	49	8.5%
<b>General Disorders and Administration Site Conditions</b>				
Pain	18	3.1%	3	0.5%
<b>Musculoskeletal and Connective Tissue Disorders</b>				
Arthralgia	62	10.8%	44	7.6%
Musculoskeletal Pain	18	3.1%	12	2.1%
Myalgia	92	16.0%	34	5.9%
Pain In Extremity	97	16.9%	44	7.6%
Pain In Jaw	148	25.7%	33	5.7%

System Organ Class Preferred Term	UPTRAVI N=575 Subjects		Placebo N=577 Subjects	
	n	%	n	%
<b>Nervous System Disorders</b>				
Headache	375	65.2%	182	31.5%
<b>Skin and Subcutaneous Tissue Disorders</b>				
Rash	26	4.5%	16	2.8%
<b>Vascular Disorders</b>				
Flushing	70	12.2%	28	4.9%
Hypotension	29	5.0%	18	3.1%

<sup>§</sup> reported by 3% more in the active group vs placebo and if the adverse event is consistent with the pharmacology of the drug and hence a causal relationship was deemed at least as possible.

**Pharmacological effects associated with titration and maintenance treatment:** Adverse reactions associated with the pharmacological action of selexipag have been observed frequently, in particular during the phase of individualised dose titration. The placebo-corrected incidence during the titration and maintenance phase, respectively, were: headache (36% and 20%), diarrhoea (24% and 16%), jaw pain (22% and 17%), nausea (16% and 10%), myalgia (10% and 6%), vomiting (10% and 2%), pain in extremity (9% and 7%), flushing (7% and 7%), and arthralgia (2% and 4%). These effects are usually transient or manageable with symptomatic treatment.

#### **Less Common Clinical Trial Adverse Drug Reactions (<3%)**

**Infections and infestations:** Nasopharyngitis

**Nervous system disorders:** Burning sensation

**Endocrine disorders:** Hyperthyroidism

**Eye disorders:** Eye pain

**Vascular disorders:** Hot flush, orthostatic hypotension

**Respiratory, thoracic and mediastinal disorders:** Nasal congestion, sinus congestion, nasal obstruction, pulmonary oedema, pulmonary veno-occlusive disease

**Gastrointestinal disorders:** Dyspepsia, abdominal discomfort, frequent bowel movements, abdominal pain upper, abdominal pain lower, abdominal tenderness

**Skin and subcutaneous tissue disorders:** Erythema, alopecia, pain of skin

**Musculoskeletal and connective tissue disorders:** Neck pain, bone pain, musculoskeletal pain, musculoskeletal stiffness, limb discomfort, temporomandibular joint syndrome, trismus

**General disorders and administration site conditions:** Asthenia

**Investigations:** Weight decreased, haematocrit decreased, blood iron decreased

**Metabolism and Nutrition disorders:** Decreased appetite

#### **Abnormal Hematologic and Clinical Chemistry Findings**

##### **Haemoglobin**

In a Phase 3 placebo-controlled study in patients with PAH, mean absolute changes in

haemoglobin at regular visits compared to baseline ranged from -0.34 to -0.02 g/dL in the selexipag group compared to -0.05 to 0.25 g/dL in the placebo group. A decrease from baseline in haemoglobin concentration to below 10 g/dL was reported in 8.6% of patients treated with selexipag and 5.0% of placebo-treated patients.

### Thyroid function tests

In a Phase 3 placebo-controlled study in patients with PAH, a reduction (up to -0.3 MU/L from a baseline median of 2.5 MU/L) in median thyroid-stimulating hormone (TSH) was observed at most visits in the selexipag group. In the placebo group, little change in median values was apparent. There were no mean changes in triiodothyronine or thyroxine in either group.

## DRUG INTERACTIONS

### Drug-Drug Interactions

#### In vitro studies

Selexipag is hydrolysed to its active metabolite by carboxylesterases (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetic). Selexipag and its active metabolite both undergo oxidative metabolism mainly by CYP2C8 and to a smaller extent by CYP3A4. The glucuronidation of the active metabolite is catalysed by UGT1A3 and UGT2B7. Selexipag and its active metabolite are substrates of OATP1B1 and OATP1B3. Selexipag is a substrate of P-gp, and the active metabolite is a substrate of the transporter breast cancer resistance protein (BCRP).

Selexipag and its active metabolite do not inhibit or induce cytochrome P450 enzymes or transport proteins at clinically relevant concentrations.

#### In vivo studies

Drug	Level of Evidence	Effect	Clinical comment
PAH-specific therapies	CT	In the Phase 3 placebo-controlled study in patients with PAH, no relevant changes in the exposure (area under the plasma concentration-time curve during a dose interval) to selexipag and its active metabolite were observed when administered in combination with an Endothelin Receptor Antagonist (ERA) and/or a Phosphodiesterase-5 (PDE-5) inhibitor	No dose adjustment is warranted.
Anticoagulants or inhibitors of platelet aggregation	CT	Selexipag is an inhibitor of platelet aggregation <i>in vitro</i> . In the Phase 3 placebo-controlled study in patients with PAH, no increased risk of bleeding was detected with selexipag compared to placebo, including when selexipag was	No dose adjustment is warranted.



<b>Drug</b>	<b>Level of Evidence</b>	<b>Effect</b>	<b>Clinical comment</b>
		administered with anticoagulants (such as heparin, coumadin-type anticoagulants) or inhibitors of platelet aggregation. In a study in healthy subjects, selexipag (400 micrograms twice a day) did not alter the exposure to S-warfarin (CYP2C9 substrate) or R-warfarin (CYP3A4 substrate) after a single dose of 20 mg warfarin. Selexipag did not influence the pharmacodynamic effect of warfarin on the international normalised ratio. The pharmacokinetics of selexipag and its active metabolite were not affected by warfarin.	
Lopinavir / ritonavir	CT	In the presence of 400/100 mg lopinavir/ritonavir twice a day, a strong CYP3A4, OATP (OATP1B1 and OATP1B3) and P-gp inhibitor, exposure to selexipag increased approximately 2-fold, whereas the exposure to the active metabolite of selexipag did not change.	No dose adjustment is warranted.
Gemfibrozil	CT	In the presence of 600 mg gemfibrozil, twice a day, a strong inhibitor of CYP2C8, exposure to selexipag increased approximately 2-fold whereas exposure to the active metabolite increased approximately 11-fold (see CONTRAINDICATIONS).	Concomitant administration with gemfibrozil is contraindicated.
Rifampicin	CT	In the presence of 600 mg rifampicin, once a day, an inducer of CYP2C8 and UGT enzymes, the exposure to selexipag did not change whereas exposure to the active metabolite was reduced by half.	Dose adjustment may be required.
Midazolam	CT	At steady state after up-titration to 1600 µg selexipag twice a day, no change in exposure to midazolam, a sensitive intestinal and hepatic CYP3A4 substrate, or its metabolite, 1-hydroxymidazolam, was observed.	No dose adjustment is warranted.
Inhibitors of CYP2C8, UGT1A3, and UGT2B7	T	The effect of moderate inhibitors of CYP2C8 and strong inhibitors of UGT1A3 and UGT2B7 on the exposure to selexipag or its active metabolite has not been studied. Concomitant administration may result in a significant increase in exposure to selexipag or its active metabolite (see WARNINGS AND PRECAUTIONS, General).	Concomitant administration is not recommended. Caution is recommended when administering these drugs

Drug	Level of Evidence	Effect	Clinical comment
			concomitantly with selexipag if it cannot be avoided.
Hormonal contraceptives	T	Specific drug-drug interaction studies with hormonal contraceptives have not been conducted. Since selexipag did not affect the exposure to the CYP3A4 substrates midazolam and R-warfarin or the CYP2C9 substrate S-warfarin, reduced efficacy of hormonal contraceptives is not expected.	No dose adjustment is warranted.

CT = Clinical Trial; T = Theoretical

### **Drug-Food Interactions**

Interactions with food have not been established.

### **Drug-Herb Interactions**

Interactions with herbal products have not been established.

### **Drug-Laboratory Interactions**

Interactions with laboratory tests have not been established.

## **DOSAGE AND ADMINISTRATION**

### **Recommended Dose and Dosage Adjustment**

#### **Individualised dose titration**

The goal is to reach the individually appropriate dose for each patient (the individualised maintenance dose).

The recommended starting dose of UPTRAVI is 200 micrograms given twice daily, approximately 12 hours apart. The dose is increased in increments of 200 micrograms given twice daily, usually at weekly intervals, until adverse pharmacological effects that cannot be tolerated or medically managed are experienced, or until a maximum dose of 1600 micrograms twice daily is reached. During dose titration, it is recommended not to discontinue treatment in the event of expected pharmacological side effects, since they are usually transient or manageable with symptomatic treatment (see ADVERSE REACTIONS). If a patient reaches a dose that cannot be tolerated, the dose should be reduced to the previous dose level.

#### **Individualised maintenance dose**

The highest tolerated dose reached during dose titration should be maintained. If the therapy over time is less tolerated at a given dose, symptomatic treatment or a dose reduction to the next lower dose should be considered.

**Administration**

The film-coated tablets are to be taken orally in the morning and in the evening. UPTRAVI may be taken with or without food. Tolerability may be improved when taken with food.

The tablets should not be split, crushed or chewed, and are to be swallowed with water.

**Hepatic impairment**

No adjustment to the dosing regimen is needed in patients with mild hepatic impairment (i.e., Child-Pugh class A). In patients with moderate hepatic impairment, Uptravi should be dosed once daily (i.e., Child-Pugh class B.) (see WARNINGS AND PRECAUTIONS). Do not use the drug in patients with severe hepatic impairment.

**Renal impairment**

No adjustment to the dosing regimen is needed in patients with mild or moderate renal impairment. No change in starting dose is required in patients with severe renal impairment; dose titration should be done with caution in these patients (see WARNINGS AND PRECAUTIONS).

**Geriatrics ( $\geq 65$  years)**

No adjustment to the dosing regimen is needed in older patients. (see ACTION AND CLINICAL PHARMACOLOGY, Pharmacokinetic, Special Populations and Conditions, Geriatrics). There is limited clinical experience in patients over the age of 75 years, therefore UPTRAVI should be used with caution in this population (see WARNINGS AND PRECAUTIONS).

**Paediatric population (< 18 years)**

The safety and efficacy of UPTRAVI in children aged 0 to less than 18 years have not been established. No data are available.

**Missed Dose**

If a dose of medication is missed, it should be taken as soon as possible. The missed dose should not be taken if it is almost time for the next scheduled dose (within approximately 6 hours).

If treatment is missed for 3 days or more, UPTRAVI should be restarted at a lower dose and then titrated.

**OVERDOSAGE**

Isolated cases of overdose up to 3200 micrograms were reported. Mild, transient nausea was the only reported consequence. In the event of overdose, supportive measures must be taken as required.

Dialysis is unlikely to be effective because selexipag and its active metabolite are highly protein bound.

For management of a suspected drug overdose, contact your regional Poison Control Centre.
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## **ACTION AND CLINICAL PHARMACOLOGY**

### **Mechanism of Action**

The vasculo-protective effects of prostacyclin (PGI<sub>2</sub>) are mediated by the prostacyclin receptor (IP receptor). Decreased expression of IP receptors and decreased synthesis of prostacyclin contribute to the pathophysiology of PAH.

Selexipag is an oral, selective, IP receptor agonist, and is structurally and pharmacologically distinct from prostacyclin and its analogues. Selexipag is hydrolysed by carboxylesterases to yield its active metabolite, which is approximately 37-fold more potent than selexipag. Selexipag and the active metabolite are high-affinity IP receptor agonists with a high selectivity for the IP receptor versus other prostanoid receptors (EP<sub>1</sub>–EP<sub>4</sub>, DP, FP, and TP).

Stimulation of the IP receptor by selexipag and the active metabolite leads to vasodilatory as well as anti-proliferative and anti-fibrotic effects. Selexipag improves haemodynamic variables and prevents cardiac and pulmonary remodelling in a rat model of PAH. In these PAH rats, pulmonary and peripheral vasodilation in response to selexipag correlate, indicating that peripheral vasodilation reflects pulmonary pharmacodynamic efficacy. Selexipag does not cause IP receptor desensitisation *in vitro* nor tachyphylaxis in a rat model.

PAH patients have variable degrees of IP receptor expression. Differences in the maintenance dose of selexipag between individuals may be related to differences in IP receptor expression levels.

### **Pharmacodynamics**

#### **Cardiac electrophysiology**

In a thorough QT study in healthy subjects, repeated doses of 800 and 1600 micrograms of selexipag twice daily did not show an effect on cardiac repolarisation (QT<sub>c</sub> interval) or conduction (PR and QRS intervals) and had a mild accelerating effect on heart rate.

#### **Pulmonary haemodynamics**

A Phase 2 double-blind, placebo-controlled clinical study assessed haemodynamic variables after 17 weeks of treatment in patients with PAH WHO FC II–III and concomitantly receiving ERAs and/or PDE-5 inhibitors. Patients titrating selexipag to an individually tolerated dose (200 micrograms twice daily increments up to 800 micrograms twice daily; N = 33) achieved a statistically significant mean reduction in pulmonary vascular resistance of 30.3% (95% confidence interval [CI] –44.7%, –12.2%; p = 0.0045) and an increase in cardiac index (mean treatment effect) of 0.48 L/min/m<sup>2</sup> (95% CI: 0.13, 0.83) compared to placebo (N = 10).

### **Pharmacokinetics**

The pharmacokinetics of selexipag and its active metabolite have been studied primarily in healthy subjects. The pharmacokinetics of selexipag and the active metabolite, both after single- and multiple-dose administration, were dose-proportional up to a single dose of 800 micrograms and multiple doses of up to 1800 micrograms twice a day. After multiple-dose administration,

steady-state conditions of selexipag and the active metabolite were reached within 3 days. No accumulation in plasma, either of parent compound or active metabolite, occurred after multiple-dose administration.

In healthy subjects, inter-subject variability in exposure (area under the curve over a dosing interval) at steady-state was 43% and 39% for selexipag and the active metabolite, respectively. Intra-subject variability in exposure was 24% and 19% for selexipag and the active metabolite, respectively.

Exposure to selexipag and the active metabolite at steady-state in PAH patients and healthy subjects was similar. The pharmacokinetics of selexipag and the active metabolite in PAH patients were not influenced by the severity of the disease and did not change with time.

### **Absorption**

Selexipag is rapidly absorbed and is hydrolysed by carboxylesterases to its active metabolite.

Maximum observed plasma concentrations of selexipag and its active metabolite after oral administration are reached within 1–3 h and 3–4 h, respectively.

The absolute bioavailability of selexipag is approximately 49%.

In the presence of food, the exposure to selexipag after a single dose of 400 micrograms was increased by 10% in Caucasian subjects and decreased by 15% in Japanese subjects, whereas exposure to the active metabolite was decreased by 27% (Caucasian subjects) and 12% (Japanese subjects). More subjects reported adverse events after administration in the fasted than in the fed state.

### **Distribution**

Selexipag and its active metabolite are highly bound to plasma proteins (approximately 99% in total and to the same extent to albumin and alpha1-acid glycoprotein).

The volume of distribution of selexipag at steady state is 11.7L.

### **Biotransformation**

Selexipag is hydrolyzed to its active metabolite in the liver and in the intestine by carboxylesterases. Oxidative metabolism catalysed mainly by CYP2C8 and to a smaller extent by CYP3A4 leads to the formation of hydroxylated and dealkylated products. UGT1A3 and UGT2B7 are involved in the glucuronidation of the active metabolite. Except for the active metabolite, none of the circulating metabolites in human plasma exceed 3% of the total drug-related material. Both in healthy subjects and PAH patients, after oral administration, exposure at steady-state to the active metabolite is approximately 3- to 4-fold higher than to the parent compound.

## **Elimination**

Elimination of selexipag is predominantly via metabolism with a mean terminal half-life of 0.8–2.5 h. The active metabolite has a half-life of 6.2–13.5 h. The total body clearance of selexipag is 17.9 L/h. Excretion in healthy subjects was complete 5 days after administration and occurred primarily via faeces (accounting for 93% of the administered dose) compared to 12% in urine.

## **Special Populations and Conditions**

No clinically relevant effects of sex, race, age, or body weight on the pharmacokinetics of selexipag and its active metabolite have been observed in healthy subjects or PAH patients.

## **Renal impairment**

A 1.4- to 1.7-fold increase in exposure (maximum plasma concentration and area under the plasma concentration-time curve) to selexipag and its active metabolite was observed in subjects with severe renal impairment (estimate glomerular filtration rate < 30 mL/min/1.73 m<sup>2</sup>).

## **Hepatic impairment**

In subjects with mild (Child-Pugh class A) or moderate (Child-Pugh class B) hepatic impairment, after a single dose administration of 400 micrograms of selexipag, exposure to selexipag was 2- and 4-fold higher, respectively, when compared to healthy subjects. Exposure to the active metabolite remained almost unchanged in subjects with mild hepatic impairment and was doubled in subjects with moderate hepatic impairment. Only two subjects with severe (Child-Pugh class C) hepatic impairment were dosed with selexipag. Exposure to selexipag and its active metabolite in these two subjects was similar to that in subjects with moderate (Child-Pugh class B) hepatic impairment.

Based on pharmacokinetic modeling of data from a study in subjects with hepatic impairment, exposure to the active metabolite at steady state in subjects with moderate hepatic impairment (Child-Pugh class B) after a once daily regimen is expected to be similar to that in healthy subjects receiving a twice daily regimen. The exposure to selexipag at steady state in subjects with moderate hepatic impairment during a once daily regimen is predicted to be approximately 2-fold that seen in healthy subjects receiving a twice daily regimen.

## **STORAGE AND STABILITY**

UPTRAVI (selexipag) should be stored at room temperature (15 to 30°C).

## **DOSAGE FORMS, COMPOSITION AND PACKAGING**

UPTRAVI is available in the following 8 strengths of selexipag:

200 mcg	Round, light-yellow, film-coated tablets with “2” debossed on one side.
400 mcg	Round, red, film-coated tablets with “4” debossed on one side
600 mcg	Round, light-violet, film-coated tablets with “6” debossed on one side.
800 mcg	Round, green, film-coated tablets with “8” debossed on one side
1000 mcg	Round, orange, film-coated tablets with “10” debossed on one side.
1200 mcg	Round, dark-violet, film-coated tablets with “12” debossed on one side.

1400 mcg Round, dark-yellow, film-coated tablets with “14” debossed on one side.  
1600 mcg Round, brown, film-coated tablets with “16” debossed on one side

The non-medicinal ingredients are:

200 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

400 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

600 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

800 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

1000 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide red (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

1200 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

1400 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

1600 mcg carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

## Availability

### **UPTRAVI 200, 400, 600, 800, 1000, 1200, 1400, and 1600 microgram film-coated tablets**

Polyamide / aluminium / high-density polyethylene / polyethylene with an embedded desiccant agent / high-density polyethylene blister sealed with an aluminium foil (Alu/Alu blister with desiccant) in cartons of 60 film-coated tablets.

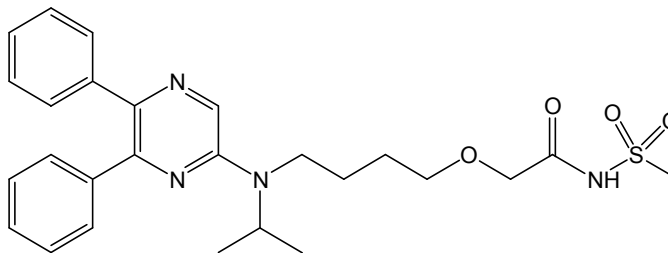
## PART II: SCIENTIFIC INFORMATION

### PHARMACEUTICAL INFORMATION

#### Drug Substance

<b>Proper name:</b>	Selexipag
<b>Chemical names:</b>	2-{4-[(5,6-diphenylpyrazin-2-yl)(isopropyl)amino]butoxy}-N-(methylsulfonyl) acetamide 2-[4-[N-(5,6-diphenylpyrazin-2-yl)-N-isopropylamino]butyloxy]-N-(methylsulfonyl) acetamide
<b>Molecular formula:</b>	C <sub>26</sub> H <sub>32</sub> N <sub>4</sub> O <sub>4</sub> S
<b>Molecular mass:</b>	496.62

#### Structural formula:



**Physicochemical properties:** Selexipag is a pale yellow crystalline powder that is practically insoluble in water. In the solid state, selexipag is very stable, is not hygroscopic, and is not light sensitive.



## CLINICAL TRIALS

### Study demographics and trial design

#### Efficacy in patients with PAH

The effect of selexipag on progression of PAH was demonstrated in a multi-centre, long-term (maximum duration of exposure approximately 4.2 years), double-blind, placebo-controlled, parallel-group, event-driven Phase 3 study in 1156 patients with symptomatic (WHO FC I–IV) PAH. Patients were randomised to either placebo (N = 582) or selexipag (N = 574) twice a day. The dose was increased at weekly intervals by increments of 200 micrograms given twice a day to determine the individualised maintenance dose (200–1600 micrograms twice a day).

The primary study endpoint was the time to first occurrence of a morbidity or mortality event up to end of treatment, defined as a composite of death (all causes); or hospitalisation for PAH; or progression of PAH resulting in need for lung transplantation or balloon atrial septostomy; or initiation of parenteral prostanoid therapy or chronic oxygen therapy; or other disease-progression events (patients in WHO FC II or III at baseline) confirmed by a decrease in 6-minute walk distance (6MWD) from baseline ( $\geq 15\%$ ) and worsening of WHO FC or (patients in WHO FC III or IV at baseline) confirmed by a decrease in 6MWD from baseline ( $\geq 15\%$ ) and need for additional PAH-specific therapy.

All events were confirmed by an independent adjudication committee, blinded to treatment allocation.

The mean age was 48.1 years (range 18–80 years of age), with the majority of subjects being Caucasian (65.0%) and female (79.8%). Approximately 1%, 46%, 53% and 1% of patients were in WHO FC I, II, III and IV, respectively, at baseline.

Idiopathic or heritable PAH was the most common aetiology in the study population (58%) followed by PAH due to connective tissue disorders (29%), PAH associated with congenital heart disease with repaired shunts (10%), and PAH associated with other aetiologies (drugs and toxins [2%] and HIV [1%]).

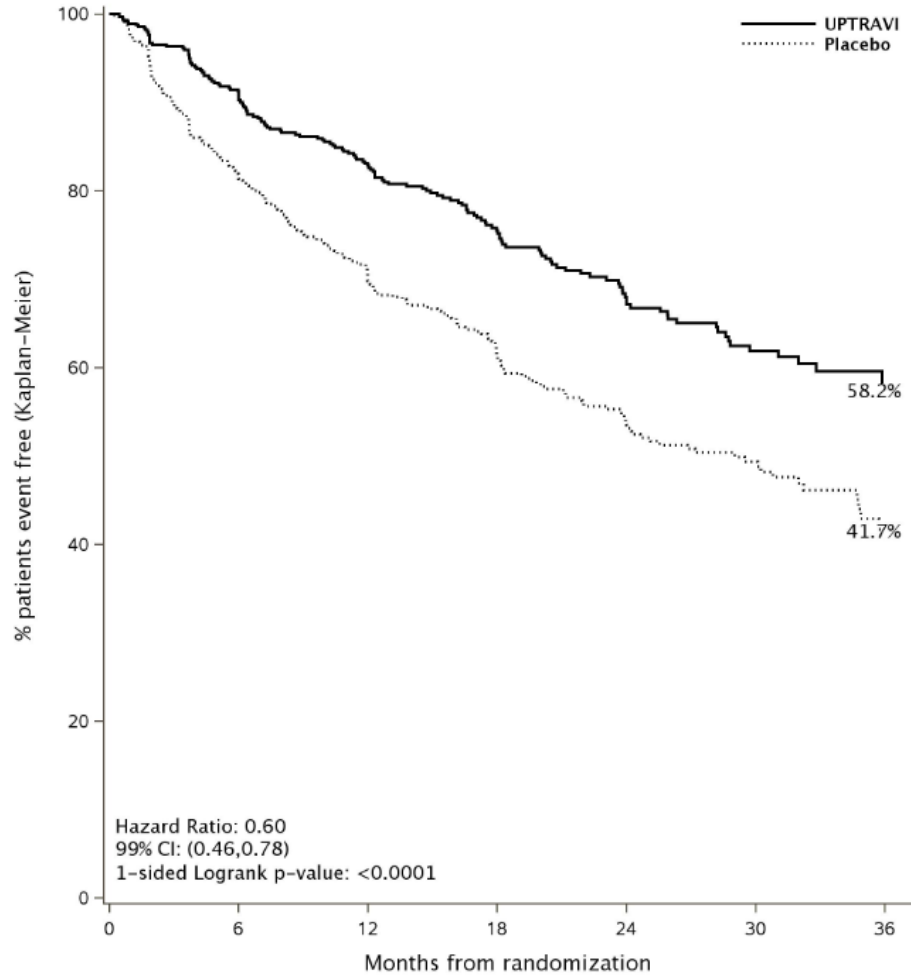
At baseline, the majority of enrolled patients (80%) were being treated with a stable dose of a specific therapy for PAH, either an ERA (15%) or a PDE-5 inhibitor (32%) or both an ERA and a PDE-5 inhibitor (33%).

The overall median double-blind treatment duration was 63.7 weeks for the placebo group and 70.7 weeks for the group on selexipag.

Treatment with selexipag 200–1600 micrograms twice a day resulted in a 40% reduction (hazard ratio [HR] 0.60; 99% CI: 0.46, 0.78; one-sided log-rank p value  $< 0.0001$ ) of the occurrence of morbidity or mortality events up to 7 days after last dose compared to placebo (Figure 1). The beneficial effect of selexipag was primarily attributable to a reduction in hospitalisation for PAH

and a reduction in other disease-progression events (Table 3).

**Figure 1 Kaplan-Meier estimates of the first morbidity-mortality event in GRIPHON**



UPTRAVI patients:							
at risk	574	455	361	246	171	101	40
Placebo patients:							
at risk	582	433	347	220	149	88	28

**Table 3** Type of first event as component of primary endpoint

	<b>Selexipag N = 574 n (%)</b>	<b>Placebo N = 582 n (%)</b>
Patients with a primary endpoint event	155 (27.0)	242 (41.6)
Component as first event		
Hospitalization for PAH	78 (13.6)	109 (18.7)
Disease progression	38 (6.6)	100 (17.2)
Death	28 (4.9)	18 (3.1)
i.v./s.c. prostanoid or chronic oxygen therapy	10 (1.7)	13 (2.2)
Need for lung transplantation or atrial septostomy	1 (0.2)	2 (0.3)

i.v. = intravenous; PAH = pulmonary arterial hypertension; s.c. = subcutaneous.

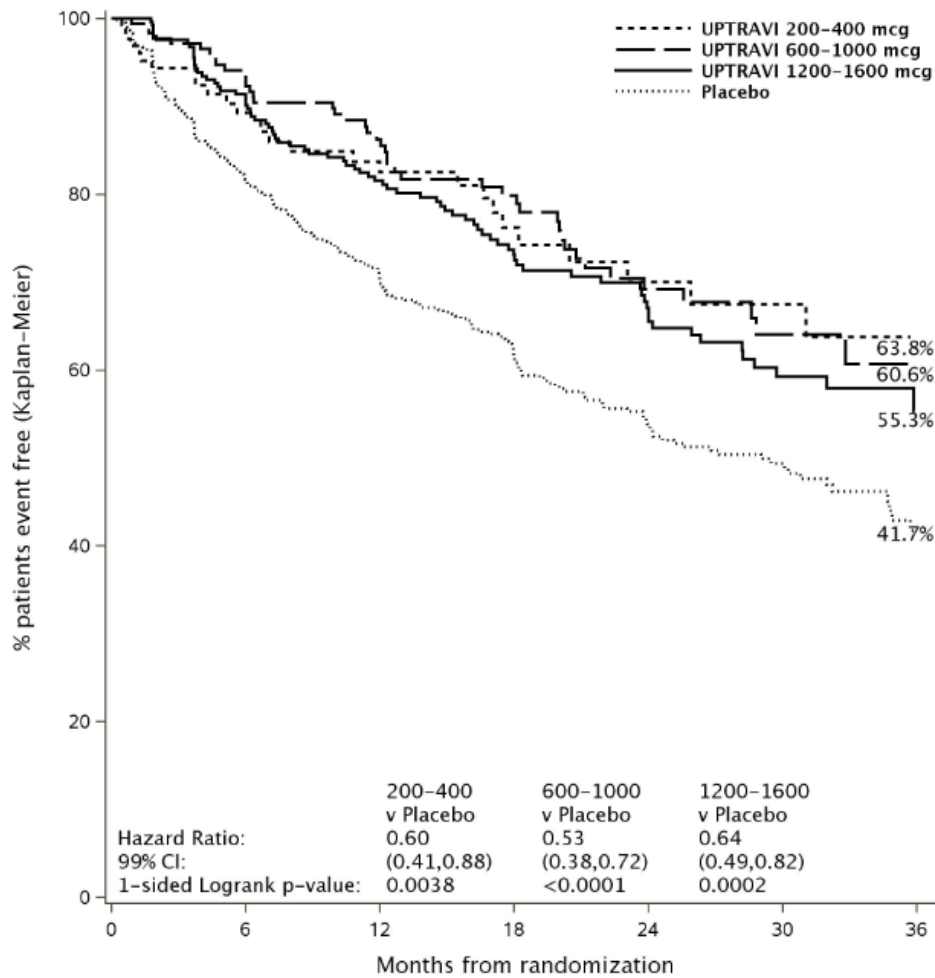
The observed effect of selexipag versus placebo on the primary endpoint was independent of the achieved individualized maintenance dose (IMD) (Figure 2):

IMD 200–400 mcg twice daily (23.2% of patients): HR 0.60 (95% CI: 0.41, 0.88, one-sided log-rank  $p = 0.0038$ )

IMD 600–1000 mcg twice daily (31.4% of patients): HR 0.53 (95% CI: 0.38, 0.72, one-sided log-rank  $p < 0.0001$ )

IMD 1200–1600 mcg twice daily (42.9% of patients): HR 0.64 (95% CI: 0.49, 0.82, one-sided log-rank  $p = 0.0002$ ).

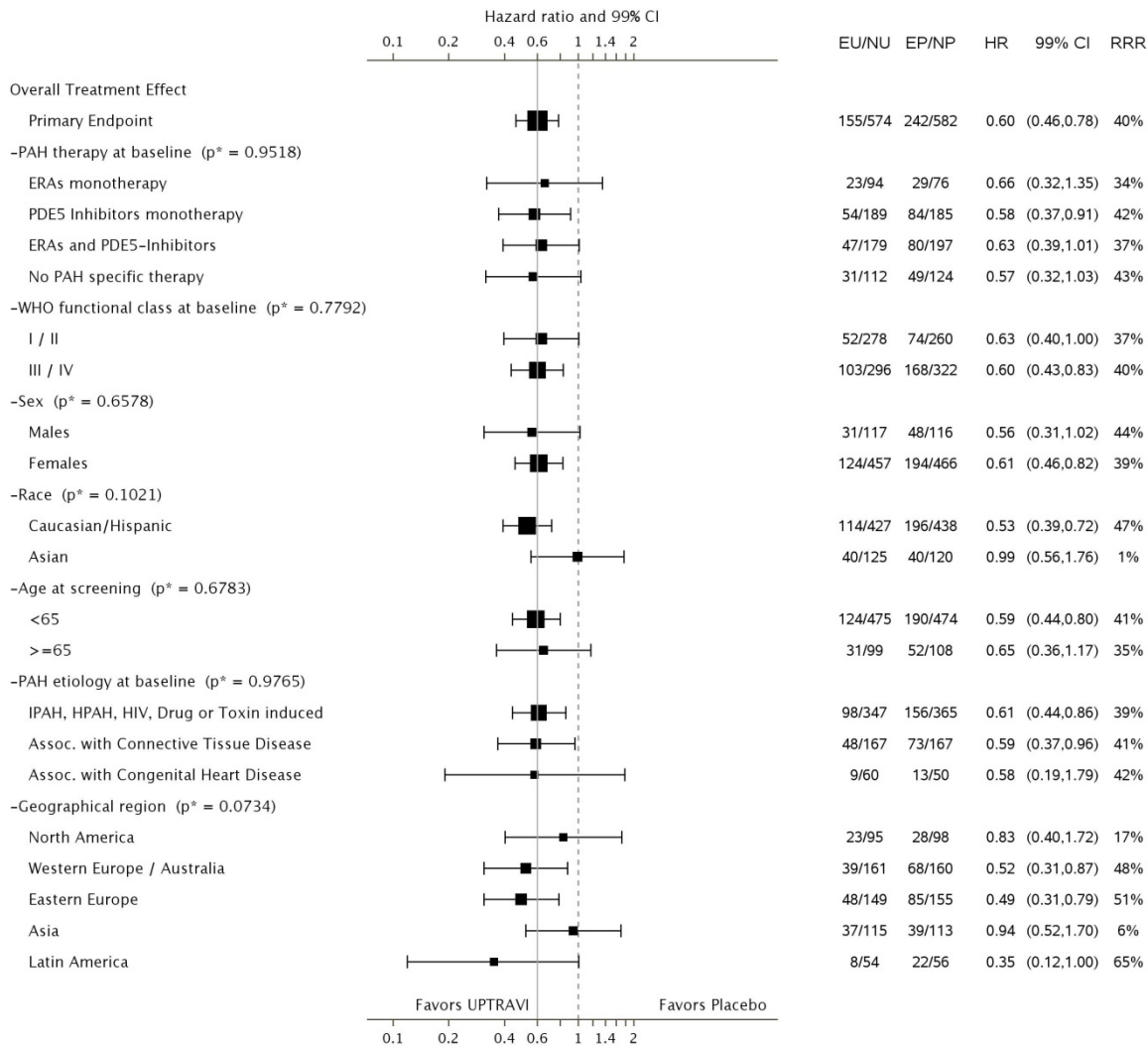
**Figure 2** Kaplan-Meier estimates of the first morbidity-mortality event in GRIPHON by individual maintenance dose group



	0	6	12	18	24	30	36
<b>UPTRAVI 200-400 mcg patients:</b>							
at risk	133	84	68	41	29	19	9
<b>UPTRAVI 600-1000 mcg patients:</b>							
at risk	180	152	116	84	52	28	12
<b>UPTRAVI 1200-1600 mcg patients:</b>							
at risk	246	219	177	121	90	54	19
<b>Placebo patients:</b>							
at risk	582	433	347	220	149	88	28

Subgroup analyses were performed across subgroups of age, sex, race, etiology, geographical region, WHO FC, and by monotherapy or in combination with ERA, PDE-5 inhibitors or triple combination with both an ERA and a PDE-5 inhibitor (Figure 3).

**Figure 3 Subgroup analyses of the primary endpoint in the GRIPHON study**

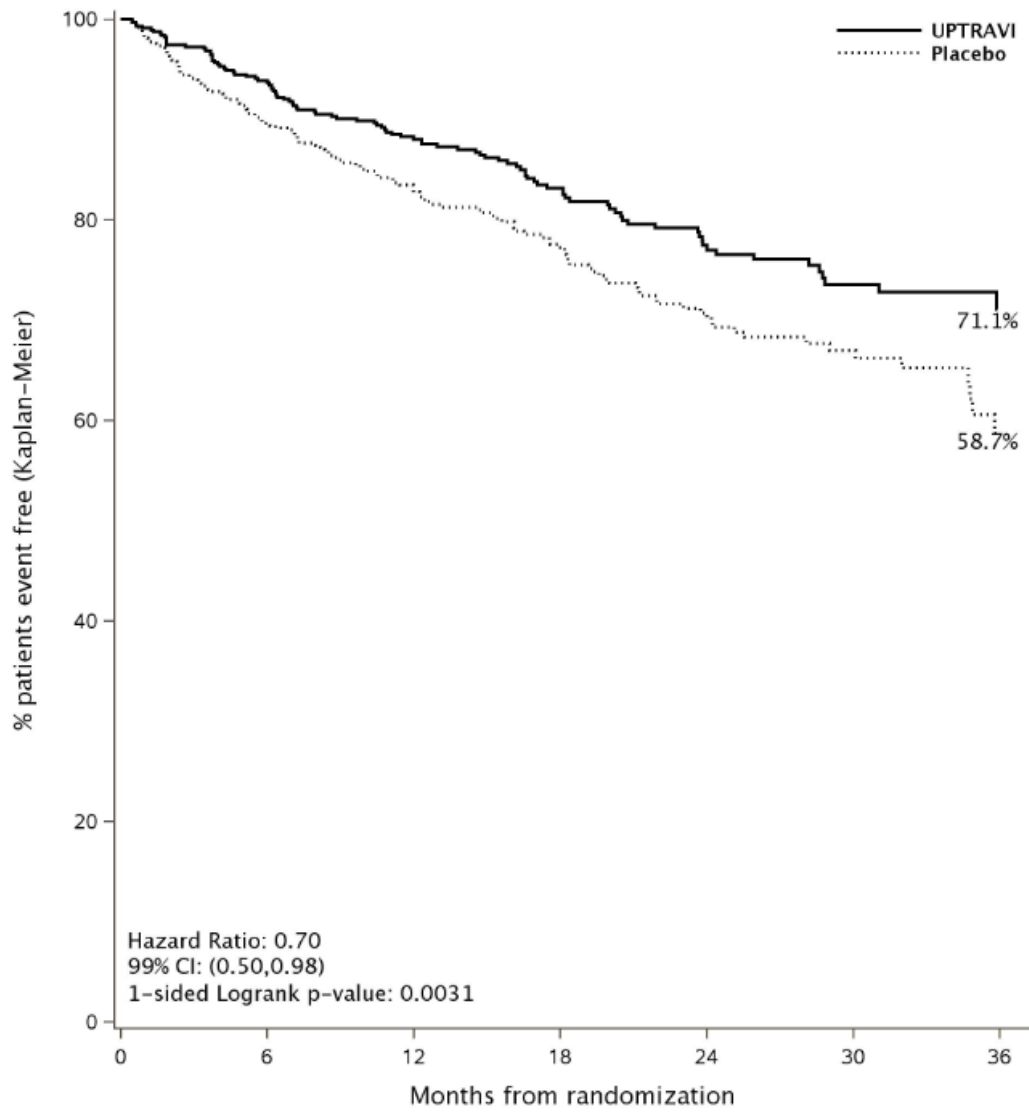


CI = confidence interval; EP = number of placebo patients with events; EU = number of UPTRAVI patients with events; HR = hazard ratio; NP = number of patients randomized to placebo; NU = number of patients randomized to UPTRAVI; RRR = relative risk reduction.

The size of the square represents the number of patients in the subgroup.

Time to PAH-related death or hospitalization for PAH was assessed as a secondary endpoint. The risk of an event for this endpoint was reduced by 30% in patients receiving UPTRAVI compared to placebo (HR 0.70, 99% CI: 0.50, 0.98; one-sided log-rank p = 0.0031) [Figure 4].

**Figure 4** Kaplan-Meier estimates of the occurrence of death due to PAH or first hospitalization for PAH in GRIPHON



**UPTRAVI patients:**

at risk | 574      457      364      250      172      102      40

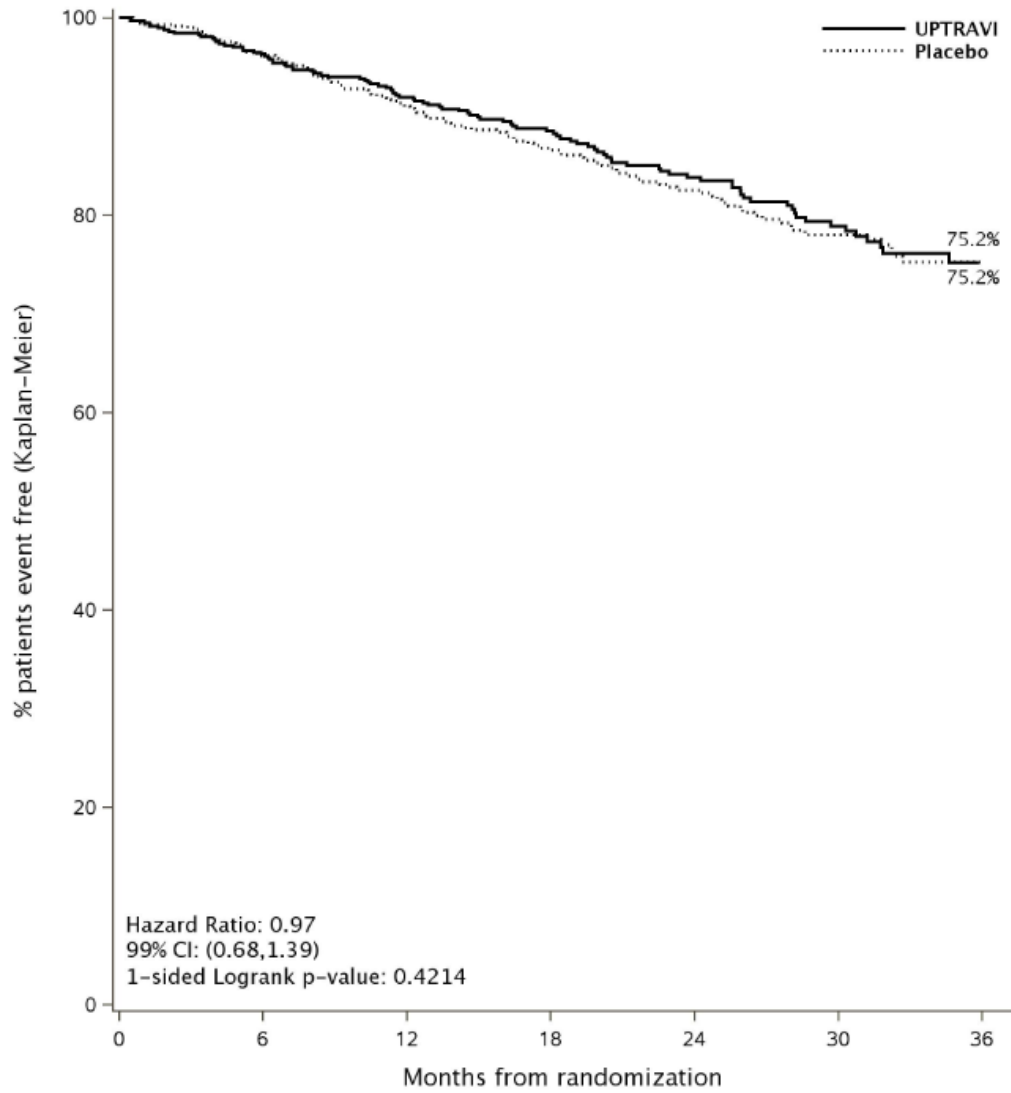
**Placebo patients:**

at risk | 582      437      351      227      152      89      28

The number of patients who experienced as a first event, death due to PAH or hospitalization for PAH up to end of treatment was 102 (17.8%) in the selexipag group, and 137 (23.5%) in the placebo group. Death due to PAH as a component of the endpoint was observed in 16 (2.8%) patients on selexipag and 14 (2.4%) on placebo. Hospitalization for PAH was observed in 86 (15%) of patients on selexipag and 123 (21.1%) of patients on placebo. UPTRAVI reduced the risk of hospitalization for PAH as first outcome event compared to placebo (HR 0.67, 99% CI: 0.46, 0.98); one-sided log-rank  $p = 0.04$ ).

The total number of deaths of all causes up to study closure was 100 (17.4%) for the UPTRAVI group and 105 (18.0%) for the placebo group (HR 0.97, 99% CI: 0.68, 1.39) [Figure 5].

**Figure 5** Kaplan-Meier estimates of the occurrence of death up to study closure



**UPTRAVI patients:**

at risk	574	543	473	350	257	161	64
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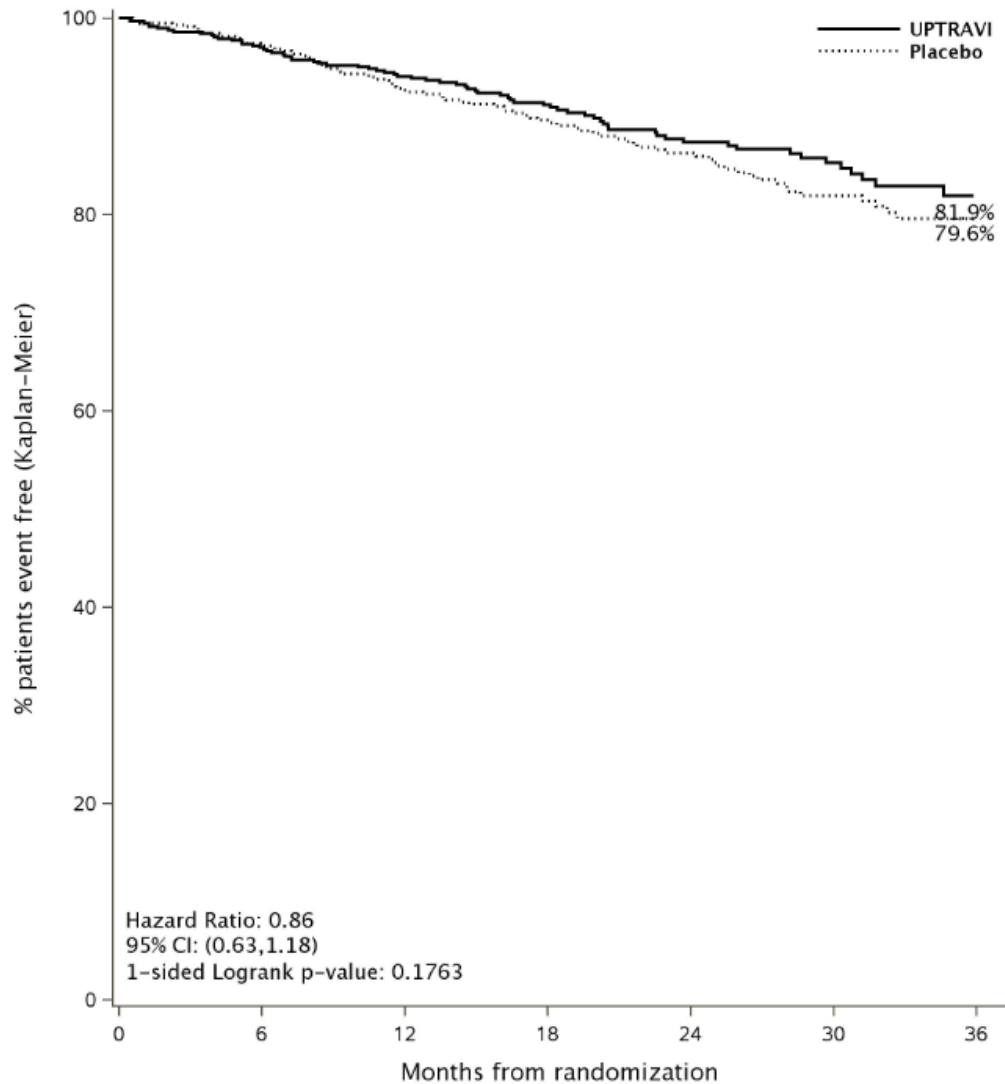
**Placebo patients:**

at risk	582	546	491	356	273	168	70
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The number of deaths due to PAH up to study closure was 70 (12.2%) for the UPTRAVI group and 83 (14.3%) for the placebo group [Figure 6].

**Figure 6** Kaplan-Meier estimates of the occurrence of death due to PAH up to study closure



<b>UPTRAVI patients:</b>							
at risk	574	543	473	350	257	161	64
<b>Placebo patients:</b>							
at risk	582	546	491	356	273	168	70

Symptomatic endpoint

Exercise capacity was evaluated as a secondary endpoint. Treatment with UPTRAVI resulted in a placebo-corrected median increase in 6MWD measured at trough (i.e., approximately 12 hours

post-dose) of 12 meters at Week 26 (99% CI: 1, 24 meters, one-sided p value = 0.0027). In patients without concurrent PAH-specific therapy, the treatment effect measured at trough was 34 meters (99% CI: 10, 63 meters).

## DETAILED PHARMACOLOGY

### Pharmacodynamics

Selexipag and its active metabolite are potent and selective non-prostanoid agonists for the human prostacyclin (PGI<sub>2</sub>) receptor (IP receptor) *in vitro*. The active metabolite is up to 37-fold more potent than selexipag in cellular assays, is present at 3–4 fold higher plasma concentration than selexipag, and is the major contributor to pharmacological effects.

### Pharmacokinetics

The pharmacokinetic profile of selexipag is characterized by rapid absorption with a  $t_{max}$  of approximately 1 h, and  $t_{1/2}$  of approximately 0.8–2.5 h. The active metabolite is formed rapidly and has an apparent elimination half-life of approximately 6.2–13.5 h. In healthy subjects, steady-state conditions of selexipag and its active metabolite are achieved within 3 days and there is no accumulation. The pharmacokinetics of selexipag and its active metabolite are largely dose-proportional. Exposure in PAH patients is comparable to that in healthy subjects.

Selexipag is eliminated after metabolism, primarily via enzymatic hydrolysis by CES1 in the liver to the active metabolite. Additional metabolic steps are catalyzed by CYP3A4, CYP2C8 and CYP1A2, and UGT1A3 and UGT2B7. Drug elimination is mainly fecal, with renal excretion accounting for only approximately 12% of the administered dose.

An acylglucuronide, a potentially reactive metabolite, is formed during the metabolism of selexipag. Given the low exposure to this metabolite in humans, safety concerns are unlikely.

The pharmacokinetics of selexipag and its active metabolite are not relevantly affected by intrinsic factors (age, sex, race), PAH disease severity, mild or moderate hepatic impairment or severe renal impairment, or by food. Selexipag and ACT-333679 are not inhibitors or inducers of CYP enzymes at clinically relevant concentrations and do not interact with P-gp, OATP, or BSEP at such concentrations.

## TOXICOLOGY

*In vitro*, the active metabolite ACT-333679, but not selexipag, was a potent IP receptor agonist in the rat and dog. ACT-333679 was selective for the IP receptor in the rat, and equally potent at IP and EP<sub>4</sub> receptor of dogs in cellular assays.

### Repeated Dose Toxicity

In the repeated-dose toxicity studies in animals, selexipag treatment resulted in effects related to exaggerated pharmacology. In rats and mice, the clinical signs were consistent with peripheral vasodilation. Flush of the limbs and/or pinna and/or flaccidity were noted in mice at  $\geq 125$  mg/kg/day and in rats at  $\geq 6$  mg/kg/day. The incidence and/or severity of clinical signs decreased

with duration of repeated dosing. In dogs less than 1 year of age, intestinal intussusception occurred at doses  $\geq 4$  mg/kg, associated with clinical signs, including anal prolapse, bloody diarrhea, and body weight loss, necessitating euthanasia of affected animals. Intussusception did not occur in dogs at  $\leq 2$  mg/kg, at which systemic exposure (AUC) to selexipag was 180 times that in humans at the maximum recommended human dose (MRHD) of 1600 micrograms BID.

Dose related minimal to mild hepatocellular hypertrophy was observed in rats and mice. Minimal hyperplasia of thyroid follicular cells (females), minimal to mild adrenal cortical hypertrophy, increased incidence and/or severity of minimal to mild diffuse hyperplasia of the acinar cells in the mammary gland (females), and minimal hypertrophy of the acinar cells in the submandibular salivary gland (females) were noted in the rat. The NOAEL was 100 mg/kg/day in the mouse and 6 mg/kg/day in the rat. In mice, exposure at NOAEL was 130- (selexipag) and 40-fold (ACT-333679) the exposure at MRHD, whereas in rats, exposure at NOAEL was 3- (selexipag) and 20-fold (ACT-333679) the exposure at MRHD, and exposure to selexipag was approximately similar to and 30 times higher than that at the MRHD in rats and mice, respectively. Systemic exposure to ACT-333679 was 50 and 130 times higher than that at the MRHD in rats and mice, respectively. Increased bone ossification and bone marrow hypercellularity were noted in dogs at all dose levels. Similar effects were not seen in rats and mice and the effect is considered related to the action of ACT-333679 on EP4 receptors. As human EP4 receptors are not activated by selexipag or its active metabolite, this effect is most likely species-specific and not relevant to humans.

### **Genotoxicity**

Selexipag and the active metabolite are on the basis of the weight of evidence not considered genotoxic.

### **Carcinogenicity**

In the 2-year carcinogenicity studies, selexipag caused an increased incidence of thyroid adenomas and carcinoma in mice at 250 and 500 mg/kg/day and benign Leydig cell tumors in rats at 100 mg/kg/day. The mechanisms are rodent-specific. The increase in tumor incidence was observed at exposures that were more than 25-fold above human exposure at the MHRD and are, therefore, not relevant for humans.

### **Reproductive toxicity**

There were no effects on fertility in male rats, while there was a tendency towards prolongation of the estrus cycle and an increase in days until copulation in females at 60 mg/kg, but no effects on fertility and early embryonic development. At a NOAEL of 20 mg/kg/day, selexipag exposure was 6 times higher than that at the MRHD and ACT-333679 exposure 31 times higher than at the MRHD.

In the embryo-fetal development studies in rats and rabbits, the only embryo-fetal effect was reduced fetal weight secondary to reduced maternal weight in rats at 20 mg/kg. There were no effects on ossification, evidence of malformations or other treatment-related abnormalities at any dose level (up to 20 mg/kg in rat and 30 mg/kg in rabbit). At the rat NOAEL (6 mg/kg) systemic exposure to selexipag and ACT-333796 was similar to and  $>10$  times higher than that at the MHRD, respectively. At the rabbit NOAEL of 30 mg/kg, systemic exposure to selexipag and

ACT-333796 was >10 and >50 times higher than that at the MHRD, respectively.

In a peri- and post-natal development study, oral administration of selexipag to rats at doses up to 20 mg/kg from day 6 of gestation until day 20 of lactation had no effect on peri and post-natal development of the pups.

In a juvenile (1 month old at study start) dog study, oral selexipag administration at 1, 3, and 6 mg/kg resulted in the death of 2 dogs due to intestinal intussusception at 6 mg/kg. The high dose was lowered to 4 mg/kg and there were no further deaths during the 39 week duration of the study. Dermatitis, as well as decreases in thymic weight with no histological correlates, were considered stress responses. Reduced body weight gain was noted throughout dosing in females. No heat was noted in females given 3 and 4/6 mg/kg/day in the latter part of the study and correlated with delayed sexual maturation in the ovaries, which may in part be related to reduced body weight gain. Similar to treatment of older dogs, increased bone marrow cellularity and bone ossification were noted at all doses ( $\geq 1$  mg/kg) after 39 weeks of dosing. At Week 39 necropsy, delayed closure of the femoral and/or tibial epiphyseal growth plates was observed at all doses, but there was no effect on bone length. Findings in juvenile animals were generally similar to those in young animals (described above) and a NOAEL was not identified.

#### **Phototoxicity**

Selexipag and its active metabolite were phototoxic *in vitro*. A dedicated clinical study did not indicate a phototoxic potential of selexipag in humans.

## REFERENCES

Sitbon O, Channick R, Chin KM, Frey A, Gaine S, Galiè N et al. Selexipag for the treatment of pulmonary arterial hypertension. N Engl J Med. 2015;373:2522-33.

**READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE  
PATIENT MEDICATION INFORMATION**

**Pr UPTRAVI®  
Selexipag (film-coated) tablets**

Read this carefully before you start taking **UPTRAVI** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **UPTRAVI**.

**What is UPTRAVI used for?**

UPTRAVI is used for the long-term treatment of pulmonary arterial hypertension (PAH) in adults. It can be used on its own or with other medicines for PAH. PAH is high blood pressure in the blood vessels that carry blood from the heart to the lungs (the pulmonary arteries).

**How does UPTRAVI work?**

UPTRAVI widens the arteries that carry blood from the heart to the lung and reduces their hardening. This makes it easier for the heart to pump blood through the pulmonary arteries.

**What are the ingredients in UPTRAVI?**

Medicinal ingredients: Selexipag.

Non-medicinal ingredients:

<b>Strength</b>	<b>Non-medicinal ingredients</b>
200 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
400 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
600 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
800 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
1000 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide red (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
1200 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
1400 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)

1600 mcg	carnauba wax, corn starch, D-mannitol, hydroxypropyl cellulose, hypromellose, iron oxide black (E172), iron oxide red (E172), iron oxide yellow (E172), low substituted hydroxypropyl cellulose, magnesium stearate, propylene glycol, titanium dioxide (E171)
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**UPTRAVI comes in the following dosage forms:**

<b>Strength</b>	<b>Description of the tablets</b>
200 mcg	film-coated tablets (round, light-yellow, film-coated tablets with “2” marked on one side)
400 mcg	film-coated tablets (round, red, film-coated tablets with “4” marked on one side)
600 mcg	film-coated tablets (round, light-violet, film-coated tablets with “6” marked on one side)
800 mcg	film-coated tablets (round, green, film-coated tablets with “8” marked on one side)
1000 mcg	film-coated tablets (round, orange, film-coated tablets with “10” marked on one side)
1200 mcg	film-coated tablets (round, dark-violet, film-coated tablets with “12” marked on one side)
1400 mcg	film-coated tablets (round, dark-yellow, film-coated tablets with “14” marked on one side)
1600 mcg	film-coated tablets (round, brown, film-coated tablets with “16” marked on one side)

**Do not use UPTRAVI if:**

If you are allergic to selexipag or any of the other ingredients of this medicine.  
 If you are being treated with strong inhibitors of CYP2C8 (e.g., gemfibrozil).

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take UPTRAVI. Talk about any health conditions or problems you may have, including if you:**

- have low blood pressure
- have liver problems
- have kidney problems or are on dialysis
- have narrowing of the pulmonary veins, a condition called pulmonary veno-occlusive disease or PVOD
- have overactive thyroid gland
- are pregnant or plan to become pregnant
- are breastfeeding or plan to breastfeed
- have any other medical conditions

***Driving and using machines***

UPTRAVI can cause side effects such as headaches and low blood pressure. Before driving or using machines, make sure you know how you feel while taking UPTRAVI.

**Tell your healthcare professional about all the medicines you take, including any drugs,**

## **vitamins, minerals, natural supplements or alternative medicines.**

Taking other medicines may affect how UPTRAVI works.

Talk to your PAH doctor or nurse if you are taking any of the following medicines:

- Gemfibrozil (used to lower the level of fats [lipids] in the blood)
- Valproic acid (used to treat epilepsy)
- Rifampicin (antibiotic used to treat infections)

Tell your doctor if you are taking, have recently taken, or might take any other medicines.

### **How to take UPTRAVI:**

- UPTRAVI should only be prescribed by a doctor experienced in the treatment of pulmonary arterial hypertension.
- Always take UPTRAVI exactly as your doctor has told you.
- Check with your doctor if you are not sure, or have any questions.
- Take UPTRAVI in the morning and in the evening, either with or without meals.
- You might tolerate the medicine better when you take it with meals.
- Swallow the tablets whole with a glass of water.
- Do not split, crush or chew the tablets.

### ***Finding the right dose for you***

- At the start of treatment, you will take the lowest dose. This is one 200 microgram tablet **in the morning and another tablet in the evening**.
- As instructed by your doctor, you will gradually increase your dose. This is called titration. It lets your body adjust to the new medicine.
- The goal of titration is to reach the most appropriate dose to treat you; this will be the highest dose you can tolerate.
- During titration, you may experience side effects such as headache, jaw pain, aching joints, muscle pain or a general feeling of being in pain, diarrhoea, feeling sick to your stomach or throwing up, stomach ache or reddening of the face.
- If any of these side effects are difficult for you to tolerate, talk to your doctor about how to manage or treat them. There are treatments available that can help relieve the side effects. **Do not stop taking UPTRAVI unless your doctor tells you to.**

### **Usual dose:**

The highest dose that you can tolerate during titration will become your maintenance dose. Your maintenance dose is the dose you should continue to take on a regular basis, in the morning and in the evening.

Every patient with PAH is different. Not everyone will end up on the same maintenance dose. Your maintenance dose will be between 200 micrograms and 1600 micrograms in the morning and in the evening. What is important is that you reach the dose that is most appropriate to treat you.

After taking the same dose for a long time, you may experience side effects that you cannot



tolerate or that have an effect on your normal daily activities. If this happens, contact your doctor. Your doctor may adjust your maintenance dose as needed.

### **Overdose:**

If you think you have taken too much UPTRAVI, contact your healthcare professional, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms.

### **Missed Dose:**

- If you forget to take UPTRAVI, take a dose as soon as you remember. Continue to take your next dose at the usual time.
- If it is nearly time for your next dose (within 6 hours before you would normally take it), skip the missed dose. Continue to take your next dose at the usual time.
- Do not take a double dose to make up for a forgotten tablet.

### *If you stop taking UPTRAVI*

- Keep taking UPTRAVI unless your doctor tells you to stop.
- **Contact your doctor right away if you miss doses for more than 3 days in a row.**
- Your doctor may decide to restart your treatment at a lower dose to avoid side effects. Your dose may be gradually increased to your previous maintenance dose.

### **What are possible side effects from using UPTRAVI?**

These are not all the possible side effects you may feel when taking UPTRAVI. If you experience any side effects not listed here, contact your healthcare professional.

Like all medicines, UPTRAVI can cause side effects. You may experience side effects during the titration period and after taking the same dose for a long time.

If you experience any of these side effects below that you cannot tolerate or do not respond to treatment, talk to your doctor. The dose you are taking may be too high for you and may need to be reduced.

- headache
- jaw pain
- aching joints
- muscle pain or a general feeling of being in pain
- diarrhoea
- feeling sick to your stomach or throwing up
- stomach ache
- reddening of the face

<b>Serious side effects and what to do about them</b>		
Symptom / effect	Talk to your healthcare professional	Stop taking drug

	Only if severe	In all cases	and get immediate medical help
<b>VERY COMMON</b>			
Headache	✓		
Flushing (reddening of the face)	✓		
Nausea and vomiting (feeling sick to your stomach and throwing up)	✓		
Diarrhoea	✓		
Jaw pain, muscle pain, joint pain	✓		
Rash	✓		
<b>COMMON</b>			
Anaemia (low red blood cell levels)		✓	
Hyperthyroidism (overactive thyroid gland)		✓	
Decreased appetite	✓		
Hypotension (low blood pressure)		✓	
Stomach pain	✓		
Pain	✓		

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, talk to your healthcare professional.

### **Reporting Side Effects**

You can help improve the safe use of health products for Canadians by reporting serious and unexpected side effects to Health Canada. Your report may help to identify new side effects and change the product safety information.

#### **3 ways to report:**

- Online at MedEffect (<http://hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>);
- By calling 1-866-234-2345 (toll-free);
- By completing a Consumer Side Effect Reporting Form and sending it by:

- Fax to 1-866-678-6789 (toll-free), or
- Mail to: Canada Vigilance Program  
Health Canada, Postal Locator 0701E  
Ottawa, ON  
K1A 0K9

Postage paid labels and the Consumer Side Effect Reporting Form are available at MedEffect.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

#### **Storage:**

- Keep out of reach and sight of children.
- Do not use UPTRAVI after the expiration date, which is stated on the carton and on the blister after “EXP.” The expiration date refers to the last day of that month.
- Store at room temperature (15 to 30°C). Store UPTRAVI in its original package.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of medicines you no longer require. These measures will help to protect the environment.

#### **If you want more information about UPTRAVI:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website (<http://www.hc.sc.gc.ca>), the manufacturer’s website ([www.janssen.com/canada](http://www.janssen.com/canada)) or by calling 1-800-567-3331 and 1-800-387-8781.

This leaflet was prepared by Janssen Inc.

Last Revised: November 2018